

NHHPP Substance Use Disorders (SUD) Benefits

Screening:

Alcohol and/or drug screening, done by Behavioral Health practitioners: A brief process designed to identify an individual who has an alcohol and/or drug use problem, or is at risk for developing one, by using a screening instrument and evaluating responses to questions about alcohol and/or other drug use.

Screening, brief intervention, and referral to treatment (SBIRT), done by SBIRT-trained medical professionals: An evidence based practice used to identify, reduce and prevent substance use. Further information on Screening, Brief Intervention and Referral to Treatment program services can be found on line at http://www.integration.samhsa.gov/SBIRT_Issue_Brief.pdf. The goal of SBIRT is to identify individuals who are at risk for substance use problems in order to provide them with information; conduct brief interventions; and provide referrals to services, as needed.

Outpatient SUD Services:

Individual, Family, and Group Counseling for Alcohol and/or drug use disorders. These services are provided by a clinician to assist individuals and their families to achieve treatment objectives through the exploration of substance use disorders and their ramifications, including an examination of attitudes and feelings, and consideration of alternative solutions and decision making with regard to alcohol and other drug related problems.

Intensive Outpatient Services (IOP):

Intensive and structured individual and group alcohol and/or other drug treatment services and activities that are provided at least 3 hours a day and at least 3 days a week according to an individualized treatment plan that includes a range of outpatient treatment services and other ancillary alcohol and/or other drug services.

Partial Hospitalization, done at an Outpatient Clinic

Integrated outpatient substance use and mental health disorder program, which includes intensive and structured individual and group treatment, recovery support, medication management and other ancillary services, to individuals with substance use disorders and moderate to severe co-occurring mental health disorders, for a minimum of 20 hours a week.

Residential SUD Services

Twenty-four hour, non-acute care in a non-hospital, residential treatment program where a planned program of professionally directed evaluation, care and treatment for the restoration of functioning for persons with substance use disorders.

****Low-Intensity Managed Residential Services** in a clinical milieu include a minimum of 5 hours of direct clinical services per week. Residents are typically able to go out into the community to work, attend recovery meetings, and other activities of daily living.

****High-Intensity Managed Residential Services** in a clinical milieu include a minimum of 20 hours of direct clinical hours per week. Residents are not typically able to go out into the community except for planned recovery activities that are monitored by program staff.

Opioid Treatment Programs:

Treatment for opioid use disorders using a combination of methadone or buprenorphine and behavioral health services, delivered by an agency certified as an opioid treatment program.

Office-Based Medication Assisted Treatment

Medication prescription and monitoring by a licensed prescriber for the purpose of treating a SUD, including clinically appropriate referral to, and coordination with, SUD treatment providers within the prescriber's practice or externally. Medications used include, but are not limited to, Suboxone, Naltrexone, and Vivitrol.

Withdrawal Management:

Medically Managed Withdrawal Management by an acute care hospital.